

How To Show Respect (Practical Tips)



At it's true essence, showing _____ can simply be done by doing to others as you would like done unto you. Simple and easy. Clearly stated. _____ people how you want to be _____. Give people the same value, time, adoration, admiration, gratitude, compliments and intensity that you would _____ to be given.

If you get nothing else out of this article, this simple tip can be the tip that helps you show respect the most.

But there other _____ ways that we can use to show respect to people in our lives. But what are they?

Well below I get into what they are. So that we can learn to master the art of _____. And literally make anyone in our lives feel that they are respected by us more than anyone else does in their lives.

The Definition of Respect (Meaning of Respect)

I love analyzing the word that you and I are talking about. So what is the bare bones meaning of respect? Well Webster defines it as:

- **A feeling of deep admiration for someone or something elicited by their abilities, qualities or achievements. Due regard for the feelings, wishes, rights or traditions of others**

So when it comes down to it, both of these phrases sum of the _____ of respect. It shows that is in part having regard for _____ people are. And showing adoration and admiration.

Importance of Showing Respect For Others

The more we _____ ourselves, the more we can _____ others. So respecting people can mean that we are _____ people by doing so. And becoming better people makes us _____ about ourselves. Which in turn, makes us _____ more. And then treat people with even more respect. This is the _____ of respect and showing it to others. The power of respect has a way of letting someone know that we see the _____.

Tips on Showing Respect

1.) _____

Eye contact is an excellent way to show _____. It is showing that you are truly _____ to them and that you are giving them the _____-that it takes to not be _____ by anything else. Eye contact can really show you are bestowing respect to the other person. It shows that we are being sincere along with paying _____ during the _____.

2.) Say _____

A sincere utterance of “_____” to someone shows a great deal of _____. When it comes down to it, people want to feel that they are valuable. Their time. Their knowledge. So when it comes down to it, saying things like

“Thank you for _____ out of your busy day _____ me.”
Or “Thank you for the _____ you _____ to this conversation.”

Phrases like this show that you respect the person and what they have to offer and bring to the table. It makes people feel that they are _____. An inherent need in all of us. A _____ is a great way to show _____. As it is providing compassion to someone. It is making someone feel _____ and that you are grateful for their existence. It makes _____ look _____, and opens up someone to communicate more often and for longer periods of time with you. People will, from then on, feel more _____ in your presence.

3.) **Respect Yourself FIRST**

You can't give what you don't have. Physically, mentally, emotionally. When it comes down to it, no better quote can be offered for our point here other than this one:

“Respect _____ and others will _____ you.” – Confucius

But how do we respect ourselves more? Some of the tips include:

1. **Not violating our moral codes.** The more we violate our morals, the more we _____ ourselves and _____ our choices. When we _____ better we _____ better. When we _____ better we treat ourselves _____ .
- 2.
2. **Refrain from letting others thoughts shape you.** Many people will try to _____ because they are projecting their own _____ on you. What someone says about you doesn't have to become your reality. Always believe _____ things about yourself.
3. **Speak highly about yourself.** Always monitor your mind and replace _____ with their positive counterparts.
4. **Take _____ for your life.**
5. _____ and developing your passions.

4.) Ask People Questions

When it comes down to it, you can really extend the length of a conversation and add value to it by _____ questions to the person you are talking about. It shows that you _____ enough about them to dig deeper than normal. Even if you are visiting your local coffee shop, you can _____ by simply asking "How's your day treating you?". It is much better than simply saying "Hi I'll have a medium latte."

5.) Listen With The Intent Of _____ To What They Are _____ Saying

When we are _____ with people, often times we are simply waiting for them to stop talking so that we can get our chance to stop talking. To get our chance to shine. But when it comes down to it, people _____ to be heard. _____ heard. Think about a time in your life where someone was truly listening to you. They may not have even given you any advice on how to solve the problem. But they simply said things like – "I _____ that way." Or "Can you tell me more about that?". So as much as you can, seek to first _____ people and try not to think about forming the best response _____ as soon as they are done talking.

6.) Try To Be As Helpful As Possible

When showing respect, it is great to try to be an _____ to people. _____ more than you _____. Always be seeking to add value to _____ lives. Try to make _____ between people to where you can introduce them to people that can _____ them better their personal or professional lives.

Also return favors to an even _____ who have been kind enough to help you along the way. Show them that you are _____ for their help and that you want to help them _____.

7.) Don't Waste Peoples _____

When someone asks you for help with someone, try to help in a _____. Show up fully and _____ when you make commitments and be there fully. People _____ their own time. And when you are either late, or aren't efficient with _____ by getting distracted or _____ with meaningless conversation, people feel that you are taking advantage of them. You can show respect by allowing people the _____ of showing them that your _____ their _____. And that their time is _____.

8.) Always Seek To Uplift

Snide remarks are cut downs belong _____. No matter how the conversation is going, always _____. Always bring good energy into interactions and seek to say things to the other person that show them that you see them even _____ than they may see themselves. Say _____ things:

1. I _____ in you.
2. You have the ability to reach your _____.
3. You look amazing today.
4. You have such a positive, _____, realistic, idealistic outlook on _____.
5. Your smile lights up the room.
6. You have such contagious _____.
7. You have made such _____ on my life.
8. I _____ you, your _____, your mentorship, etc.
9. You bring out the _____ in people.

- 10. _____ are excellent at your job.
- 11. You have such a _____ - on life.
- 12. You _____ me.
- 13. I _____ you just the way you are.
- 14. You are so brave.
- 15. You _____ by _____. Zim's Favorite!
- 16. I am so _____ we met.
- 17. You are a good human.

9.) Share What May Be Blocking Them From Success

Truly caring about someone can mean bringing up the things most people don't want to talk about. Because of the fact that you want to show that you _____ about someone, you can be the one to have those _____

The truth about it though is that _____ likes to be wrong or seen as weak. But when _____ to someone that you truly care about _____ and then lead to tell them how they can _____ better, this can be seen as unconditional caring. This is a high form of showing _____.

10.) Show _____ With People

Often times we want people to simply get to the point. We are impatient and want to get interactions over. But showing _____ means being _____. Like Jean Jacques Rousseau says:

"Patience is bitter but the _____."

EXPLAIN THIS QUOTE IN YOUR OWN WORDS.

This is true when it comes to _____ respect. We can't be efficient with people. We must be _____ enough to let _____ communicate and then given them _____ of taking enough _____ and _____ to respond in a way that lets them know that we aren't trying to push our interaction along at a pace faster than it should be going.

We may not want to be _____ as we want to be _____. But _____ equates to efficiency. Because people will _____ to you and won't _____ as if they are being treated like a number.

11.) Believe In _____

When it comes down to it, being believed in _____. It shows us that people _____ that we have potential. We can show people _____ in believing in them. _____ goals, dreams and visions. Encouraging them to go after what _____ want in this life. For the sole fact that we believe that _____ have WHAT IT TAKES.

We have all had at least one person that seemed _____ in us. To see in us what others or even ourselves may have not seen. To see _____ and let us know that we have it. We will never forget this person. Because _____ had such an _____ on us.

You can be _____ for people. A truly _____ person.

12.) Show Your Respect For People _____ Of Others

Put people on blast! Say things like "Hey Jake don't you think Ryan is a stud!?" Or hey Jessica isn't Erica the most driven person you have ever met?"

Saying _____ things in _____ of people has a great _____ on how people _____ respected. You are showing people that _____ believe in _____ enough to put your own reputation on the line. That you _____ in them enough _____ in front of a group. That you have their back.

People will feel _____ and will feel as if they owe something to you in a sense. Of course not that you would take advantage of them in this regard. But that you have made such an _____ on them that they will _____ you. They will _____ that you do respect them a lot.

13.) Respect People Even When They _____ Deserve It

At the end of the day, the more respect and adoration we _____, the more we respect and adore ourselves. And while not everyone deserves our respect, we can still give it _____. We can see people that don't deserve it as a _____. If we can give _____ to even the toughest person, it will be that much easier to do to people who do deserve it.

It is also a _____ of yourself. If you _____, you will respect yourself and be seen _____ as a respectful person. Never _____ to someone else's level. Kill them with _____ and then respect your own self by removing yourself from situations.

14.) Respect Opposing Opinions (Be _____)

People are going to have conflicting _____, ideals, _____ and viewpoints. _____ is shown when you see a person for the individual that they are. Just because they don't _____ like us doesn't mean they are wrong, were raised wrong, or are bad people.

It just means they are coming from different _____ and were _____ differently. Take up a sense of curiosity when people oppose you. Say things like " _____ things this way. How and why do you believe that?". This shows the person that you _____ t going to attack them for being different from you.

Try your best not to be _____. Stay curious. Be _____. No one _____ to be _____. The best way to show _____ is to be completely _____ of all the person is.

Also, no matter if the person is younger than you. Smaller than you. Has less education than you. Or speaks less eloquently. Treat them with the _____ you would if you were talking to your grand parents or religious leader.

15.) Address People By _____ (And How To _____ Peoples Names)

It is awesome to remember someone's name the first time you meet them. And then from then on, sprinkle it throughout your relationship. It shows _____ as you are taking mental space to _____ this person.

Often times we have the bad habit of meeting someone, then right away forgetting their name. Do your best to remember peoples name as soon as you meet them.

This will build _____ relationships with the people you talk to. And makes them feel a sense of importance. Plus it _____ to be called by our names. It is the sweetest word we can and want to hear!

. Here are some tips on how to remember names -

1. Don't treat introductions like a formality. Commit right away to remembering the persons name. Be fully _____ instead of seeing it as a passive formality.
2. Repeat their name to yourself 3 times in a row, _____ while _____ at their _____.
- 3 Repeat their name _____ throughout the conversation
4. _____ them how they _____ their name if you are not sure.

17.) Bring Up Peoples Passions

Anytime someone tells you something _____ are _____ about, try to _____ it. Then bring it up. For example if you know someone is lifting weights, tell them how much of a beast they are in the gym. Or if they have hit any personal bests with the weights since you have seen each other last.

You are _____ someone _____ for something they work hard on doing in their life. People put a lot of hours into the things they love. _____ this makes someone feel very special and _____.

18.) Be Honest and Real

The best way to be real with people is to be _____. Telling the _____ is the utmost _____ you can show to an individual. No one wants to be _____ to. Even if they are white lies. They are still breaking the _____ with someone. We can sense that we are being lied to. Even if we don't consciously register it, we can feel it at a deeper level.

Tell people the _____. Honesty truly is the _____ policy when it comes to showing people _____.

It is how we want to be treated. No one wants to be _____ to, right? Would you rather hear the cold hard facts? Or have the truth be danced around because people are afraid of _____ or hurting you? The truth right? We need to give people the _____.

Be very _____. If you can't be sincere, _____ less. People are too good at spotting _____ interactions

19.) Speak _____

There is nothing worse than someone who is _____ or talking lazily. That we value them enough to use full and complete _____. And be punctual in our approach with our speech patterns. This is a great way to show someone respect.

20.) _____ Use _____

We _____ our actions, or _____ with excuses. We were _____ meeting someone so we _____ it on the traffic. Instead we should say that we _____ left earlier. Take _____ with people _____ of giving them _____. No one likes to be fed excuses. We are all people. We need to take _____ of our lives, and give the same _____ to the people in our lives.

21.) Share The Excitement Of People's Wins

Also, share in people's excitement. Mirror their excitement. Act as if _____ win is _____ actual win. Show them that you are excited _____. This will make people _____ as if you want the best for them and _____ about them winning.

^